



# Registration

## 7-Day Practice @ Home Intensive

A week-long meditation retreat in the Zen Buddhist tradition with Jack Duffy, Roshi

**When** From 5:30pm Saturday September 5, 2020 through 1:15pm Saturday September 12, 2020. Sunday - Friday, practice will be from 6:00 am through 9:45 pm. Attending this retreat part-time is acceptable; part-time participants are asked to pre-commit to themselves which blocks they will sit.

**Where/how** This retreat will be entirely virtual, with dokusan and interviews offered via zoom and telephone. As all sit together over Zoom, periods will be timed with bells, and walking meditation with wooden clappers. Participant videos will be off except for the start and end of blocks, and when chanting.

All participants who have not done a virtual retreat with TTS should arrange for orientation ahead of time through [TTSangha@gmail.com](mailto:TTSangha@gmail.com).

Dokusan with Jack will be available to full-time attendees. Interviews with Madelon and Lee will be available to all.

**Cost** Payment is due in full upon registration to reserve space. The full amount will be refunded (minus any PayPal fees incurred) if cancellation is received by August 22. After that date, a \$50 cancellation fee as well as any PayPal fees incurred will apply. If you register and begin to have doubts or second thoughts, please arrange to speak with Jack before cancelling. Payment plans and scholarships may be arranged with the registrar (see below). *All payments must be in US currency.*

- ☐ **Regular and Supporting Members**, full time: \$250 (dues must be current to qualify for this rate).
- ☐ **Non-Members**, full time: \$300
- ☐ **Members & Non-Members**, part time \$40/day
- ☐ *If you are able, please add a donation for scholarships. Thanks!*
- ☐ If you want to use credit with TTS from Spring's cancelled sesshin please apply online, then email Jan Mikus @ [janmikus@comcast.net](mailto:janmikus@comcast.net) with your request.

**Notes** Dana for the teacher supports Jack personally, and should be **sent to him directly** ([click here](#)).

Dana for Three Treasures Sangha allows us to pay Jack a salary, provide retreat scholarships and maintain our Seattle facility. We are grateful for all donations, which can be made through [PayPal on our website \(click here\)](#). Some portion of fees collected for this retreat will be given by Three Treasures as a charitable contribution to Mountain Lamp.

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**Register** Register online or print and mail this form with your check in USD for full retreat fee (payable to *Three Treasures Sangha*) by **August 29, 2020 to Jan Mikus, 1614 26<sup>th</sup> Circle, Anacortes, WA 98221** ([janmikus@comcast.net](mailto:janmikus@comcast.net) 206-524-0806).

NAME	DATE	
ADDRESS		
CITY	STATE/PROVINCE	ZIP/POSTAL
PHONE (      )	-	EMAIL

**Details** ☐ I'll attend full-time.  
☐ I'll attend part-time.

Part-time attendees: To foster your practice, before the retreat begins we ask that you commit to yourself which blocks you will attend. To solidify your commitment, we suggest you write it out and have it easily available or posted. Do not hesitate to add blocks after we begin.